

Pool Bank Duty Rota – December 2018

Week	Mon	Wed	Thur	Fri	Sat
3/12		Hannah Loughlin	Beibhinn O'Neill	Rebecca Glynn	7am- Ryan Crawford 9.00am/DL- Alex Solan Sunday NAC LC Training 9/12/18 – Saidbh Howard
10/12		Eimear White	Eva Niskanen Moran	Kate O Connor	7am – Sean Hoey 9.00am/DL – Caroline Redmond
17/12		Charlotte Darby	Michael Keogh	Jack Gillen	7am- Turlough Donnelly 9.00/DL- Eoin Melvin
24/12		Stephen's Day No Training	No Training	TBA	7am – TBA 9.00/DL – TBA

Wed to include Dry land – 5.00-.6.50; Thurs – 5-6; Fri – 4.30-5.30; Sat (2 slots) 7.00-Pool-9.00-Dry Land. Please swap with another parent if you cannot make your allocated day